

# FREE PARENTING WORKSHOPS

EVENING WORKSHOPS

6:30p.m. -8:30p.m.



SUMMER  
2019

Don't Miss  
Out!

Learn to talk  
so your kids  
WILL listen!

Avoid  
Power  
Struggles

Where did I  
go, Anyway?

*A Fun Look At*

*Remembering Who We  
Are, Even As Parents*



- 6/3 **He Hit Me First, She Hit Me First** -Sibling Rivalry
- 6/17 **Trapped in a No-Win Situation** -Keys to Resolving Conflict (Elementary)
- 6/17 **Everybody Is Doing It, Why Can't I?** -Peer Pressure (Middle & High School)
- 6/20 **25 Ways to Help Your Child Like Themselves**-Self Esteem (Elementary)
- 6/20 **An Alien Invaded My Child** -Normal Adolescent Behavior (MS & HS)
- 7/15 **When Nagging Doesn't Work** – Teaching Responsibility
- 7/18 **Trapped in a No-Win Situation** -Keys to Resolving Conflict/Managing Anger
- 8/5 **Why won't they do what I say?** -Positive Discipline
- 8/26 **"Feeling Frazzled"** -Managing Family Stress
- 8/29 **Can you hear me now?** -Communication Tools that Work

Family Education and Guidance Services

1300 19<sup>th</sup> Street

Plano, TX 75074

469-752-2272

Registration not needed ❖❖❖Childcare is not provided

[www.pisd.edu/parentworkshops](http://www.pisd.edu/parentworkshops)